



Weekly Newsletter: 5th September 2025

Dear Parents/Carers,

Happy New Year!

It might seem a little early to be using this greeting but I read a fantastic post on social media that treated the start of the academic year in the same way as the 1st January – I think it might make it easier to keep to those resolutions! I hope that you all had a wonderful summer and that you created lots of very happy memories with family and friends.



I would like take the opportunity to thank you for your support with the social media incident at the start of the summer. Unfortunately, I did not see all of the positive comments that were posted by current and past parents but have heard about them from the staff and my own friends. During our PD days this week, we talked a lot about the community and culture of our school and it was really lovely to see this in action.

There was an excited buzz around the school gates as I opened them on Wednesday morning. It has been lovely welcoming the Caterpillars (and their families) to our school community and welcoming the children back to school, all looking very smart in their new uniforms and shiny shoes.

We have also been thrilled to welcome Sarah back into the kitchen, which means a return to 'Sarah Sized Servings' as the dinner trays have been filled with her delicious cooking (the roast potatoes were particularly moreish this week!).

We have also welcomed Miss Flye to our staff team. Miss Flye will be working in Upper Key Stage 2 and helping develop the our next Girls Football team.

Within this week's newsletter you will find important information about PE days, reading books and the afterschool clubs (starting next week).

You will notice that there aren't any stars this week (because there were so many candidates) or class news. This will resume next week when we have had a full week.

Kind regards

Jonathan Gray
Headteacher

House Points (Counting will start next week!)

Willow	Cedar	Oak	Lime
0	0	0	0

Key Stage 1 Reading Books

We are currently in the process of introducing a Phonics Scheme across Reception and Key Stage 1. This requires assessing the children to ensure that they are being given the right level book within the new scheme. We hope to have the children set up as soon as possible. In the meantime, the children will be bringing home books to enjoy reading with you.

Afterschool Clubs

Afterschool clubs will be starting next week. You will be receiving a Parentmail with the relevant signing up options at **3:30pm today**. If you are unable to sign your child up then the club may be fully booked.

This term, the following clubs will be running:

Tuesday – Musical Theatre Yr 4/5/6

Wednesday – Multi-Sports Yr 1/2/3

Wednesday - Art Club with Phil (book here: <https://phillippagunnart.co.uk/acton-primary-school/>)

Thursday – Football Yr 2/3/4

Friday – Multisports Yr 4/5/6

PE Days

Below are the PE days for each class. On these days, your child should come to school wearing their PE kit (plain white/house colour t-shirt, shorts/skirt and trainers) and their **school uniform jumper, fleece or cardigan**. This is to ensure that the children remain looking smart and part of our school community. We encourage the children to wear tracksuit trousers in the colder months.

Class	PE Days
Reception (Caterpillars)	Tuesday and Friday
Year 1 (Leopards)	Tuesday and Friday
Year 2 (Pandas)	Monday and Wednesday
Year 3 (Llamas)	Tuesday and Thursday
Year 4 (Orcas)	Wednesday and Thursday

Year 5 (Penguins)	Wednesday and Friday
Year 6 (Wolves)	Monday and Wednesday

2025-26 Term Dates

Autumn Term 2025

- Half-term: Monday 27 October 2025 to Friday 31 October 2025
- Children return: Monday 3rd November
- Christmas Holidays: Saturday 20 December 2025 to Sunday 4 January 2026

Spring Term 2026

- PD Day: Monday 5 January 2026
- Children return: Tuesday 6 January 2026
- Half-term: Monday 16 February 2026 to Friday 20 February 2026
- Easter Holidays: Saturday 28 March 2026 to Sunday 12 April 2026

Summer Term 2026

- PD Day: Monday 13th April 2026
- Children return: Tuesday 14th April
- Half-term: Monday 25 May 2026 to Friday 29 May 2026
- Summer Holidays: Saturday 18 July 2026

Little Oaks Wraparound



Our wraparound care is provided by Lisa, from Little Oaks. The Breakfast club runs from 7:30 to 8:30am and Afterschool club from 3:15-5:45pm every day of the week.

For more information and to book a place, please visit

<https://www.littleoakskids.com/acton>.

Community Events/News

Acton Sale Trail Sunday 7th September 10am-12pm

Over 30 houses involved
Lots of bargains to be found...
Toys, games, clothes, household items,
books, pet supplies and
even a cake stall!
Maps will be available on Facebook and
at every stall in the village!
See you there!!



HOME-START IN SUFFOLK PRESENTS

HOME START HIKE

KINGFISHER LEISURE CENTRE, SUDBURY - SUNDAY 28TH SEPTEMBER

OPEN TO FAMILIES, INDIVIDUALS & CORPORATE TEAMS

FOUR ROUTES TO CHOOSE FROM

3 MILES	6 MILES	13 MILES*	26 MILES*
Child Ticket from £10	Adult Ticket from £15	Family Ticket from £45	Corporate Ticket from £100

*Age restrictions apply
Family ticket includes 2 adults and up to 3 children

In partnership with:

Abbeycroft
EXPLORE OUTDOOR

MINIMUM FUNDRAISING TARGET £50

REGISTER TODAY

For more information please visit:
homestartinsuffolk.org
Registered Charity No. 1105001

JTD MUMFIT

Looking to buy good quality second-hand children's clothes and toys?
Clothes from newborn to 8years

Pre-loved Market

Long Melford Village Hall
Sunday 14th September
10am- 12pm

FREE ENTRY

CASH EVENT

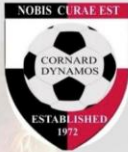
07982996422
@JTD_mumfit
jo.h.thornley@gmail.com
<https://bookwhen.com/jtdmumfit>

TRISudbury Junior Summer Series

5th Sept 2025 Duathlon Run/Bike/Run	19th Sept 25 Aquathlon Swim/Run
12th Sept 25 Aquabike Swim/bike	26th Sept 25 Triathlon Swim/Bike/Run

Registration open 18:00
Start 18:30

For further info contact: dave.mcMahon@trisudbury.com
Tel: 07368 610006








**CORNARD DYNAMITES:
GIRLS FOOTBALL TRAINING**

Players required ages 6-8
(School years 2-4)

*PATHWAY TO
CORNARD DYNAMOS GIRLS
TEAMS U8-U18*

All abilities welcome!
FA Qualified Coaches, female and male








Football Fun Fitness Friendships Feel-Good

Weekly training:
Saturdays 11am-12pm
Blackhouse Lane, Sudbury, CO10 0NL
First two sessions free, £3 per session thereafter

For further information contact
Lisa on 079 38 512 849

SUDBURYS NEW BASKETBALL CLUB



PLEASE SHARE :)

SUDBURY SHARKS

STARTING SAT 6th SEP AT CORNARD SPORTS CENTRE 1-4pm
FREE FOR THE DAY
8-11 and 12-15 year olds girls and boys
BOOK YOUR PLACE AT
sudburysharksbasketball@gmail.com







Ipswich Brick Festival.com

TICKETS AVAILABLE NOW!

AMAZING LEGO DISPLAYS

NEW & RETIRED LEGO SETS

BUILD CHALLENGES

ACTIVITIES FOR ALL AGES

CHARITY TOMBOLA

MILLIONS OF LOOSE BRICKS

PLUS SO MUCH MORE!!

20TH SEPT 2025
INSPIRE

IPSWICH BRICK FESTIVAL

MORE LEGO THAN YOU CAN DREAM OF

Support and Advice

School's Early Help Webpage

A range of websites and sources of advice on Emotional Wellbeing, Health, Sleep and Parenting Support can be found [here](#).

Free, Virtual NHS Parent/Carer Workshops

Norfolk and Suffolk Foundation NHS Trust are running free virtual workshops (Zoom) designed to provide up to date advice and guidance on how parents and carers can support the young people in their life. The workshops are 60-75 minutes long.

Visit <http://www.nsft.uk/workshops> for more details or have a look at the attached information.



Child and Adolescent Mental Health Parent Workshops

Norfolk and Suffolk NHS Foundation Trust

Free virtual workshops:

- Anxiety
- Big Feelings
- Self-harm
- Obsessive Compulsive Disorder (OCD)
- Tourette's symptoms (TICS)

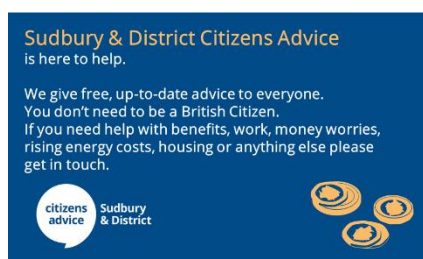
Access here: <https://www.nsft.nhs.uk/parent-workshops>

The poster features a blue background with a circular image of three young people walking outdoors. The NHS logo is in the top right corner.



To book onto a workshop visit [nsft.uk/workshops](https://www.nsft.uk/workshops) or scan the QR code

There are also a number of NHS podcasts and webinars available on YouTube, these can be accessed anytime via <https://www.youtube.com/@NSFT>



Sudbury & District Citizens Advice
is here to help.

We give free, up-to-date advice to everyone.
You don't need to be a British Citizen.
If you need help with benefits, work, money worries,
rising energy costs, housing or anything else please
get in touch.

citizens advice Sudbury & District

The poster has a blue background with a white circle containing the text 'citizens advice' and 'Sudbury & District'. There are also three gold coins at the bottom right.

Click the image or visit <https://www.sudburycab.org.uk/>