



Weekly Newsletter: 4th September 2026

Dear Parents and Carers,

Happy New (school) Year!

I hope that you all had a wonderful summer and had a great time creating happy memories with the children – even if it simply involved creative ways to stay cool in the shade during the endless hot days!

The first day back in September is always one of my favourite days of the year as the children excitedly come through the school gates pleased to see their friends, show off their new bags and talk about their adventures over the past 6 weeks (and I can also hear the collective breath of relief from the parents, who are happily waving the children goodbye!). This year was no different as we welcomed some very confident **Caterpillars** (and their families) to our school community. I was so impressed with how our newest members of Acton settled in yesterday, in fact, their lining up at the end of playtime and lunchtime put some of our older children to shame!

During my assembly yesterday, I talked to the children about starting the new school year with the **3Cs** in mind: **Courage**, **Care** and **Curiosity**. All of which will make the start of term a success for everyone, I also asked them to think of a goal for the new term (a bit like a September resolution). Finally, we signified the start of the school year with the ringing of a bell. This is a tradition we have at Acton, which is linked to the last day of the school year. The Year 6 child who rings the first bell of the year will be the last child to ring the bell at the end of the Year 6 Leavers Assembly in July.



This is a slightly shorter newsletter than normal as it would be far too tricky for the teachers to choose a **Star the Week** (because all of the children have been stars!) and there isn't too much to report on the Class News front – there would be lots of references to getting to know each other, class routines and summer holiday news.

However, below you will find the all-important **PE days** for each class. Please ensure that the children come into school wearing their house colour, or white, t-shirt and shorts/leggings/tracksuit bottoms, along with their school jumper, fleece or cardigan. Also, please can all earrings be removed (if possible) on these days.

You will also find the important [dates](#) for this term too. More dates will be added as the term goes on especially as we reach the end of the Autumn term and thoughts turn to the C-word (don't worry, I am not going to mention it this early in the term!).

I hope that you have a fantastic weekend.

Kind regards

Jonathan Gray
Headteacher

PE Days Autumn Term

Class	PE Days	
Caterpillars (Reception)	Tuesday	
Leopards (Y1)	Wednesday	Friday
Pandas (Y2)	Wednesday	Friday
Llamas (Y3)	Tuesday	Thursday
Orcas (Y4)	Thursday	Friday
Penguins (Y5)	Monday	Wednesday
Wolves (Y6)	Monday	Wednesday

The Caterpillars only have one dedicated PE slot but will be doing lots of active learning throughout their provision and use of their outside area.

Autumn 2026 Term Dates

- FOAS AGM: Thursday 24th September, 7pm
- U11 Boys Football Tournament: Friday 9th October
- U11 Girls Football Tournament: Friday 16th October
- PD Day: Friday 23rd October
- Half Term: w/c Monday 26th October
- Children Return: Monday 2nd November
- Individual Photos: Monday 16th November
- Last Day of Autumn Term: Friday 18th December

More dates to be added as the term goes on. All term and holiday dates can be found [here](#). Details about events and trips to be shared nearer the time.



[@actonprimary](#)

Community Events

ACTON PLAYGROUP COMMITTEE
CHARITY NUMBER: 1027943

LATE RISERS CAR BOOT SALE

**SUNDAY
27TH SEPTEMBER**
11 A.M. – 2 P.M.
(SET UP FROM 10 A.M.)

£10 PER PITCH

AT
ACTON VILLAGE HALL
EMAIL: ACTONPLAYGROUPEVENTS@HOTMAIL.COM

ICE CREAMS! INFLATABLES! HOT DOGS!

COME ALONG FOR A FUN-FILLED DAY OF BARGAINS, TREATS & FAMILY FUN! ❤️

TAKING PLACE AT
Phillippa Gunn Art House
LONG MELFORD
ART SCHOOL
AUTUMN TERM

MONDAYS 5.30-6.30PM 8-12 YEARS 7 WEEK COURSE / £70	TUESDAYS 10-11.30AM HOME ED 7 WEEK COURSE / £80
TUESDAYS 5-6PM 5-7 YEARS 7 WEEK COURSE / £70	WEDNESDAYS 5.30-7PM 13-16 YEARS 7 WEEK COURSE / £80

FOR MORE INFORMATION AND TO BOOK WWW.PHILLIPPAGUNNART.CO.UK

Phillippa Gunn Art House LONG MELFORD
ROBINS ROW, HALL STREET, LONG MELFORD, CO10 2XQ

CORNARD DYNAMOS

ARE RECRUITING!

★ GIRLS FOOTBALL ★

JOIN OUR ESTABLISHED AND SUCCESSFUL CLUB

YEARS 4 TO 6 JOIN OUR ESTABLISHED TEAMS	TRAINING SATURDAYS
YEARS 2 AND 3 TRAINING ONLY	GAMES SUNDAYS
BLACKHOUSE LANE SUDBURY	

BUILD FRIENDSHIPS
DEVELOP SKILLS
LOVE THE GAME

CONTACT LISA 07938 512 849

Support and Advice

School's Early Help Webpage

A range of websites and sources of advice on Emotional Wellbeing, Health, Sleep and Parenting Support can be found [here](#).



**Child and Adolescent
Mental Health Parent Workshops**

Free virtual workshops:

- Anxiety
- Emetophobia
- Tourette's Symptoms/Tics
- Obsessive Compulsive Disorder (OCD)

Access here: <https://nsft.uk/Workshops>



Free NHS Virtual workshops – Supporting Young People's Mental Health

These free virtual workshops (Zoom) are designed to provide up to date advice and guidance on how parents and carers can support the young people in their life. The workshops are 60 minutes long.

To book onto a workshop visit nsft.uk/workshops or scan the QR code



There are also a number of NHS podcasts and webinars available on YouTube, these can be accessed anytime via <https://www.youtube.com/@NSFT>