

P.E. Curriculum Map



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Locomotion: Jumping	Gymnastics: High, Low, Over, Under	Dance: Nursery Rhymes	Gymnastics: Moving	Ball Skills: Feet	Games for understanding
Year 1	Locomotion: Running	Ball Skills: Hands 1	Ball Skills: Feet	Ball Skills: Hands 2	Locomotion: Jumping	Team Building
	Gymnastics: wide, narrow, curled	Gymnastics: body parts	Dance: Growing	Dance: The Zoo	Games for understanding	Health and Wellbeing
Year 2	Locomotion: Dodging	Ball Skills: hands 1	Ball Skills: Feet	Ball Skills: Hands 2	Sticks: Ball Skills	Locomotion: Jumping
	Dance: The Great Fire of London	Gymnastics: Linking	Gymnastics: Pathways	Dance: Explorers	Team Building	Health and Wellbeing
Year 3	Mindfulness	Invasion: Netball	Invasion: Basketball	Dance: Witches and Wizards	Net/Wall: Tennis	Striking and Fielding: Rounders
	Invasion: Football	Dance: Weather	Gymnastics: Symmetry & asymmetry	Gymnastics: Canon and Unison	OAA: Communication and Tactics	Athletics
Year 4	Invasion: Netball	Invasion: Hockey	Net/Wall: Tennis	Invasion: Quidditch	Striking and Fielding: Cricket	Striking and Fielding: Rounders
	Gymnastics: Bridges	Dance: Space	Gymnastics: Levels and Direction	Dance: World War II	OAA: Problem Solving	Athletics
Year 5	Invasion: Netball	Invasion: Hockey	Dance: Street Art	Gymnastics: Flight	Striking and Fielding: Rounders	Striking and Fielding: Cricket
	Invasion: Tag Rugby	Gymnastics: Counter Balance & Counter Tension	Health related exercise	OAA: Challenging Collaboration	Net/Wall: Tennis	Athletics
Year 6	Invasion: Tag Rugby	Invasion: Hockey	Invasion: Netball	Invasion: Handball	Striking and Fielding: Rounders	Athletics
	Dance: The Carnival	Gymnastics: Matching & Mirroring	Health Related Exercise	OAA: LEadership	Swimming	Swimming