

Year 5 Aylmerton Residential Trip

Weds 22nd - Fri 24th April 2026

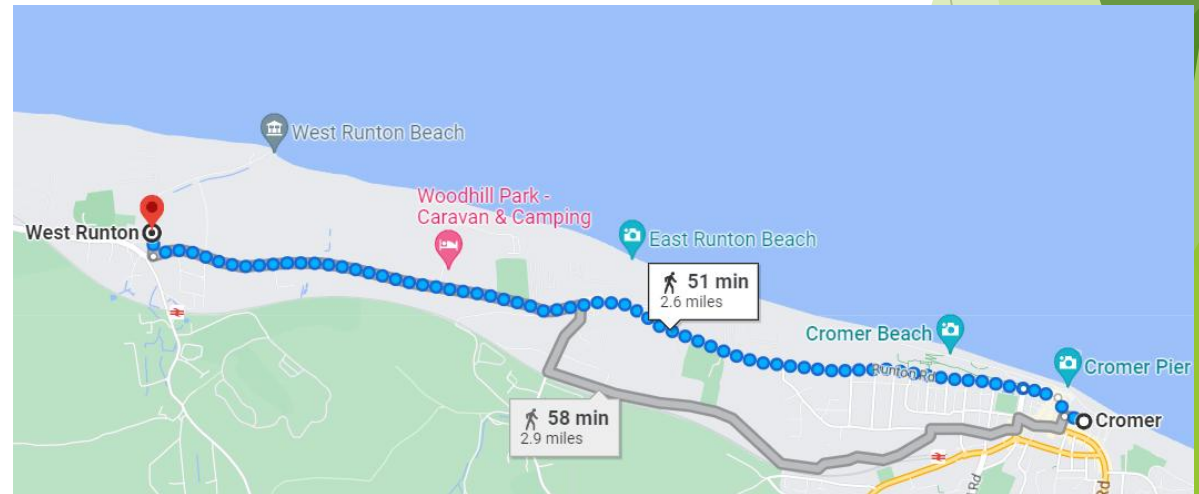
The aims of the trip

- ▶ **STRIVE:** To foster independence and confidence by staying away from home without parents
- ▶ **SUPPORT:** To improve our team working by taking on challenges together
- ▶ **SUCCEED:** To bring our Geography learning about coasts and maps and our Science learning about habitats to life!

Day One

Wednesday

- 11.30 AM ARRIVE AND SETTLE IN
- 12.15 PM LUNCH
(Eat own packed lunch)
- 1.00 PM COACH – AOEC TO CROMER
- 1.30 PM WALK TO WEST RUNTON
- 2.30 PM EXAMINE BEACH ENVIRONMENT
(ROCKPOOLS, FOSSILS, GLACIATION, EROSION)
- 4.30 PM COACH – WEST RUNTON TO AOEC
- 5.00 PM EVENING TALK
- 5.30 PM EVENING MEAL
- 7.00 PM TWILIGHT SAFARI
- 9.30 PM EVENING DRINK



Day Two

Thursday

- 8.00 AM BREAKFAST
- 9.00 AM MORNING BRIEFING
- 9.30 AM COACH – AOEC TO MORSTON
- 10.30 AM FERRY TO THE SEALS AND BLAKENEY POINT
- 11.15 AM EXAMINE DUNE AND SHINGLE HABITATS
- 12.30 PM LUNCH
- 1.00 PM WALK TO WATCH HOUSE
- 2.00 PM EXAMINE MARSH HABITAT
- 3.30 PM WALK TO BLAKENEY
- 4.30 PM COACH – BLAKENEY TO AOEC
- 5.45 PM EVENING MEAL
- 7.15 PM COACH – AOEC TO HANWORTH
- 7.30 PM DISCO
- 9.00 PM COACH – HANWORTH TO AOEC
- 9.15 PM EVENING DRINK



Day Three Friday

- 8.00 AM BREAKFAST
- 9.15 AM MORNING BRIEFING
- 9.30 AM TEAM BUILDING ACTIVITIES
AND HIDE BUILDING
- 12.15 PM LUNCH
- 1.00 PM EMBARK COACH AND DEPART FOR
SCHOOL



Parent Pack and Kit List

Clothes - Please pack enough of the following items for 3 days. Please label all clothes.	
Waterproof jacket with hood	Tracksuit bottoms/lightweight trousers (minimum 3 not jeans as are uncomfortable when wet and harder to move in)
Waterproof trousers (if possible)	T-shirts (not vest tops and must cover shoulders)
Wellington boots	Warm sweatshirt/jumpers (minimum 2)
Outdoor shoes/boots/trainers (2 pairs. Not Converse style canvas trainers)	Single duvet cover and pillowcase
Indoor shoes/slippers (compulsory inside the centre)	Handkerchief/tissues
Hat, scarf & gloves for the evenings	Underwear and Socks (not trainer socks)
Washbag: toothbrush, toothpaste, soap/shower gel, flannel, shampoo, comb/hairbrush (NO aerosols)	Towel
Named water bottle (this can be a disposable bottle e.g. Evian bottle)	Pyjamas/nightwear
Torch	DISCO OUTFIT
Plastic bags for dirty washing and dirty shoes	Small backpack (with two straps) – A drawstring bag is perfect for carrying a waterproof coat and water bottle
Consider also:	
Sun cream & Sun hat (depending on forecast) Sea sickness wrist band if needed.	Lip Balm
Other	
Medicines	Please ensure that all medical requirements are made known to staff before the school journey. Medicine and tablets must be clearly marked and given to a member of staff on the day of the journey. Please do not pack it in the bag.
Packed Lunch for Day One	Please can children bring a packed lunch with them for Wednesday in disposable packaging/a plastic bag. Contact the school office if you are normally in receipt of a free school meal and would like a school packed lunch to be provided by the school cook.
Electrical equipment	Children should not bring any electrical items , such as iPads, mobile phones and switches on the school journey. Photos will be taken by staff and shared after the trip.
Pocket Money is optional – maximum is £4 in a named envelope	



QUESTIONS?

- ▶ And forms...
- ▶ NHS NUMBER PLEASE