



Year 5 Aylmerton Residential North Norfolk



22nd April – 24th April 2026

Parent Pack

Year 5 Aylmerton trip

Your child's school journey is likely to be one of the first times that they have been away from home without family members. We hope that the details below will help you to be reassured that your children will have a great time. Please speak to us if you have any questions, so that we can reassure you.

Who is leading the Group - Staff

Group Leader: Mr. Newcombe

Deputy Leader: Mrs Garrod

What if I need to contact in an emergency

In the case of an emergency please contact the school office (01787 377089 8:30am – 4pm) or, outside of school hours, the Aylmerton Outdoor Education Centre (01263 837759) Please note that these are to be phoned in an emergency only.

What are the dates and when do we arrive?

The trip is from Wednesday 22nd April until Friday 24th April.

Please arrive at the front entrance of the school on Monday and make your way to the hall. Check in will be like an airport check in and you need to check in between **8.30am and 8.45am**. We will then aim to depart at **9:30am**.

Register and Medicines	Luggage Check-in
Mr Newcombe and Mrs Garrod	Mrs Ridgeon

We aim to be back at school at 3pm on Wednesday (Updates will be sent via Parentmail).

Please collect your child from the hall so that we do not lose any children!

Activities during the trip

During the trip, the children will be learning all about Geography, Science and working together. There is no substitute for first-hand experience, when seeking to bring subjects to life!

We will be exploring a great range of habitats on foot, so the children should be prepared for plenty of walking 'in the elements'.

We always encourage a 'challenge by choice' approach to our residential: the children will not be forced to take part in any of the activities but they will be encouraged to give everything a go.

Kit List

- **Please mark all items of clothing with the child's name**
- Please note that most of our activities take place outside. **All children must have warm, waterproof clothing and footwear available in order to take part.**
- Please pack this in a reasonably sized bag/suitcase e.g. a sports holdall or small suitcase, as we have to pack these in vehicles and they have to be stored under bunks in the room. Please do not bring really large bags (your child needs to be able to carry/pull their luggage).

Clothes - Please pack enough of the following items for 3 days. Please label all clothes.	
Waterproof jacket with hood	Tracksuit bottoms/lightweight trousers (minimum 3 not jeans as are uncomfortable when wet and harder to move in)
Waterproof trousers (if possible)	T-shirts (not vest tops and must cover shoulders)
Wellington boots	Warm sweatshirt/jumpers (minimum 2)
Outdoor shoes/boots/trainers (2 pairs. Not Converse style canvas trainers)	Single duvet cover and pillowcase
Indoor shoes/slippers (compulsory inside the centre)	Handkerchief/tissues
Hat, scarf & gloves for the evenings	Underwear and Socks (not trainer socks)
Washbag: toothbrush, toothpaste, soap/shower gel, flannel, shampoo, comb/hairbrush (NO aerosols)	Towel
Named water bottle (this can be a disposable bottle e.g. Evian bottle)	Pyjamas/nightwear
Torch	DISCO OUTFIT
Plastic bags for dirty washing and dirty shoes	Small backpack (with two straps) – A drawstring bag is perfect for carrying a waterproof coat and water bottle
Consider also:	
Sun cream & Sun hat (depending on forecast) Sea sickness wrist band if needed.	Lip Balm
Other	
Medicines	Please ensure that all medical requirements are made known to staff before the school journey. Medicine and tablets must be clearly marked and given to a member of staff on the day of the journey. Please do not pack it in the bag.
Packed Lunch for Day One	Please can children bring a packed lunch with them for Wednesday in disposable packaging/a plastic bag. Contact the school office if you are normally in receipt of a free school meal and would like a school packed lunch to be provided by Chef Sarah.
Electrical equipment	Children should not bring any electrical items, such as iPads, mobile phones and Nintendo consoles on the school journey. Photos will be taken by staff and shared after the trip.
Pocket Money is optional – maximum is £4 in a named envelope	

Medication

Please ensure that you have completed the permission to administer forms for the trip giving us your child's medical details. All medication (including travel sickness tablets for the journey home) must be handed in at check-in. All medication must be clearly labelled and in the original packaging.

Updates

We are hoping to be able to update the school Instagram feed during the week (depending on WiFi connection!). If not, the school homepage will be updated with the latest information (e.g. confirmed arrival and estimated departure times).

Insurance

The school has the county insurance for public liability and injury.

Behaviour

Code of Conduct for pupils on the trip

Safety First

1. Follow the instructions of the members of staff
2. Stay with the group at all times – don't wander off
3. Ask permission of a member of staff if you need to leave an activity/dining room to go to the toilet or for any other reason
4. Walk - don't run around the site or in the buildings
5. No walking bare foot in the building

Think of Others

1. Do not go into other people's bedrooms
2. If given permission to take or use something/play with games equipment, please return it
3. Don't throw rubbish around the site/building
4. Follow the bedtime rules and no talking/messing about after lights out
5. Follow the school behaviour code
6. **Have a daily shower**

In the event of a child persistently not following these rules, or a serious act of misconduct, a parent/guardian may be asked to collect their child from the school residential at their expense.

Food

All of the food we eat at Aylmerton is freshly prepared on the day onsite and is of very high quality. For each meal there will be options for the main course which the children will choose on the day.

If your children have any dietary requirements please let Mr. Newcombe know so an alternative can be arranged with the Aylmerton Catering Team in advance. Please do not contact Aylmerton Field Studies Centre directly.

Your child does not need any sweets for 'midnight snacks' as they will have plenty to eat – any 'contraband' will be confiscated and may be returned upon our arrival back at school!

Any questions

Visit you have any further questions please do not hesitate to contact a member of staff.