

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

10/11/25
01/12/25
05/01/26
26/01/26
23/02/26
16/03/26

Option One

Plant Balls in Tomato Sauce with Rice



Beef Lasagne with Garlic Bread



Roast Chicken, Stuffing, Roast Potatoes and Gravy

NEW Chicken Biryani

Fishfingers with Chips & Tomato Sauce

Option Two

Beetroot and Lentil Burger with Potato Wedges



Autumn Vegetable Lasagne

Vegetarian Wellington with Roast Potatoes and Gravy



NEW BBQ Sausage Pasta with Garlic Bread



Cheese and Bean Pasty with Chips and Tomato Sauce

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Dessert

Cheese and Crackers

NEW Apple Crumb Cake with Custard

Fruit Medley

Jelly with Mandarins

Syrup Sponge with Custard

WEEK TWO

17/11/25
08/12/25
12/01/26
02/02/26
23/02/26
02/03/26
23/03/26

Option One

Classic Cheese and Tomato Pizza with Wedges



Spaghetti Bolognese



BBQ Chicken or Quorn with Seasoned Potatoes and Sweetcorn Salsa

Meatballs in Tomato Sauce with Rice

Fishfingers with Chips & Tomato Sauce

Option Two

Mild Mexican Chilli with Rice



Vegan Spaghetti Bolognese



Vegetables of the Day

Plant Balls in Tomato Sauce with Rice

Cheese Whirl with Chips and Tomato Sauce

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Dessert

NEW Gingerbread Cookie

Chocolate and Beetroot Brownie with Chocolate Sauce

Fruit Salad

Sticky Toffee Apple Crumble with Custard

Vanilla Shortbread

WEEK THREE

03/11/25
24/11/25
15/12/25
19/01/26
09/02/26
23/02/26
09/03/26

Option One

Macaroni Cheese



NEW Chicken 50% Enchilada Bake with Paprika Wedges



Sausage with Roast Potatoes and Gravy



Mild Caribbean Chicken with Golden Rice

Fishfingers with Chips & Tomato Sauce

Option Two

NEW Chefs Special Lentil Curry with Rice



Tomato Pasta



Vegan Sausage and Roast Potatoes with Gravy



Caribbean Stew with Golden Rice

Red Pepper Frittata with Chips & Tomato Sauce

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Dessert

Oaty Cookie

Pear Crumble with Custard

Fruit Salad

NEW Jamaican Ginger Cake with Custard

Cornflake Tart

MENU KEY



Added Plant Protein



Wholemeal



Vegan



Chef's Special

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection - Fresh Fruit and Yoghurt

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

Option One

V237 V225 Plant Balls in Tomato Sauce with **SD84** Rice

B52 Beef Lasagne with **SD50** Garlic Bread

C4 C5 Roast Chicken, **SD40** Stuffing, **SD82** Roast Potatoes and **SD118** Gravy

NEW C124 Chicken Biryani

F6 Fishfingers or **F1** Salmon Fishfingers with **SD5** Chips & **SD14** Tomato Sauce

Option Two

BB3 Beetroot and Lentil Burger with **SD6** Potato Wedges

V44 Autumn Vegetable Lasagne

V232 Vegetarian Wellington with **SD82** Roast Potatoes and **SD118** Gravy

NEW V270 BBQ Sausage Pasta with **SD50** Garlic Bread

V191 Cheese & Bean Pasty with **SD5** Chips & **SD14** Tomato Sauce

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Dessert

D56 Cheese and Crackers

NEW D268 Apple Crumb Cake with **D2** Custard

D224 Fruit Medley

D235 Jelly with Mandarins

D197 Syrup Sponge with **D2** Custard

WEEK TWO

Option One

V231 Classic Cheese and Tomato Pizza with **SD6** Wedges

SD8 Spaghetti
B48 Bolognaise

B57 Meatballs in **V225** Tomato Sauce with **SD84** Rice

F7 Breaded Fish or **F6** Fishfingers with **SD5** Chips & **SD14** Tomato Sauce

Option Two

V309 Mild Mexican Chilli with **SD84** Rice

V233 Vegan **SD8** Spaghetti Bolognaise

QB14 BBQ Chicken or **V311** Quorn with **QB16** Seasoned Potatoes and **QB3** Sweetcorn Soba

V237 V225 Plant Balls in Tomato Sauce with **SD84** Rice

V27 Cheese Whirl with **SD5** Chips and **SD14** Tomato Sauce

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Dessert

NEW D267 Gingerbread Cookie

D169 Chocolate and Beetroot Brownie with **D3** Chocolate Sauce

D223 Fruit Salad

D243 Sticky Toffee Apple Crumble with **D2** Custard

D57 Vanilla Shortbread

WEEK THREE

Option One

V318 Macaroni Cheese

NEW C125 Chicken 50% Enchilada Bake with **SD81** Paprika Wedges

P3/ C6 Sausage with **SD82** Roast Potatoes & **SD118** Gravy

C102 Mild Caribbean Chicken with **GR5** Golden Rice

F6 Fishfingers with **SD5** Chips & **SD14** Tomato Sauce

Option Two

NEW V263 Chefs Special Lentil Curry with **SD84** Rice

V302 Tomato Pasta

V238 Vegan Sausage with **SD82** Roast Potatoes & **SD118** Gravy

V306 Caribbean Stew with **GR5** Golden Rice

V24 Red Pepper Frittata with **SD5** Chips & **SD14** Tomato Sauce

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Dessert

D85 Oaty Cookie

D236 Pear Crumble with **D2** Custard

D225 Fruit Salad

NEW D265 Jamaican Ginger Cake with **D2** Custard

D221 Cornflake Tart

MENU KEY

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

| | | Allergy/Intolerance Menu | | | | | |
|--|------------------|---|--|--|---|---|--|
| | | Allergy / Intolerance: | | Sesame Chickpea Free | | | |
| | | Child Name/Names/Area : | | | | | |
| | | Dates / Term: | | Central Autumn Winter 2025 2026 | | Implementation Date: | |
| PLEASE READ BEFORE SERVING | | <p>Only recipes with a corresponding code listed on the menu should be served to the pupil. Do not make any amendments to the special diet menu or offer any additional dishes.</p> <p>If the code for the dish is on the menu but on a different day, the menu item is suitable for the allergies mentioned in the title. e.g. Fishfingers can served on a Tuesday even if they are on a Friday on the menu.</p> <p>*All recipe codes are given in bold (e.g., F6) - to find the primary recipe on Sharepoint start your search with the letters PRI - e.g., PRIF6</p> | | | | | |
| DATES | WEEK 1 | Monday | Tuesday | Wednesday | Thursday | Friday | |
| | Option 1 | V237 V225 Plant Balls in Tomato Sauce with SD84 Rice | B52 Beef Lasagne with SD50 Garlic Bread | C4 C5 Roast Chicken, SD40 Stuffing, SD82 Roast Potatoes and SD118 Gravy | NEW C124 Chicken Biryani | F6 Fishfingers or F1 Salmon Fishfingers with SD5 Chips & SD14 Tomato Sauce | |
| | Option 2 | V44 Autumn Vegetable Lasagne | B83 Beetroot and Lentil Burger in a NGO47 NGCI GLUTEN FREE HOMEMADE BURGER BUN with SD6 Potato Wedges | V232 Vegetarian Wellington with SD82 Roast Potatoes and SD118 Gravy | NEW V270 BBQ Sausage Pasta with SD50 Garlic Bread | V191 Cheese & Bean Pasty with SD5 Chips & SD14 Tomato Sauce | |
| | Alternative Meal | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | |
| | Vegetables | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | |
| | Dessert | D56 Cheese and Crackers | NEW D268 Apple Crumb Cake with D2 Custard | D224 Fruit Medley | D235 Jelly with Mandarins | D197 Syrup Sponge with D2 Custard | |
| DATES | WEEK 2 | Monday | Tuesday | Wednesday | Thursday | Friday | |
| | Option 1 | V231 Classic Cheese and Tomato Pizza with SD6 Wedges | SD8 Spaghetti Bolognese | QB14 BBQ Chicken or V311 Quorn with QB16 Seasoned Potatoes and QB3 Sweetcorn Salsa | | F7 Breaded Fish or F6 Fishfingers with SD5 Chips & SD14 Tomato Sauce | |
| | Option 2 | V309 Mild Mexican Chili with SD84 Rice | V233 Vegan SD8 Spaghetti Bolognese | | | V27 Cheese Whirl with SD5 Chips and SD14 Tomato Sauce | |
| | Alternative Meal | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | |
| | Vegetables | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | |
| | Dessert | NEW D267 Gingerbread Cookie | D169 Chocolate and Beetroot Brownie with D3 Chocolate Sauce | D223 Fruit Salad | D243 Sticky Toffee Apple Crumble with D2 Custard | D57 Vanilla Shortbread | |
| DATES | WEEK 3 | Monday | Tuesday | Wednesday | Thursday | Friday | |
| | Option 1 | V318 Macaroni Cheese | NEW C125 Chicken 50% Enchilada Bake with SD81 Paprika Wedges | | C102 Mild Caribbean Chicken with GR5 Golden Rice | F6 Fishfingers with SD5 Chips & SD14 Tomato Sauce | |
| | Option 2 | NEW V263 Chefs Special Lentil Curry with SD84 Rice | V302 Tomato Pasta | V238 Vegan Sausage with SD82 Roast Potatoes & SD118 Gravy | V306 Caribbean Stew with GR5 Golden Rice | V24 Red Pepper Frittata with SD5 Chips & SD14 Tomato Sauce | |
| | Alternative Meal | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise | |
| | Vegetables | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | Vegetable of the Day (No Chickpea Salad) | |
| | Dessert | D85 Oaty Cookie | D236 Pear Crumble with D2 Custard | D225 Fruit Salad | NEW D265 Jamaican Ginger Cake with D2 Custard | D221 Cornflake Tart | |
| <p>ALLERGY INFORMATION: Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/ intolerance, then please email info@caterindtd.co.uk for someone to contact you.</p> | | | | | | | |
| <p>Pupil Identification: Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.</p> | | | | | | | |